

**Go Fresh! Go Gabriola!**

**Fresh Asparagus**

Grown in Mexico  
7.69/kg



**\$3.49**  
lb **Fresh**

**Fresh Avocados**

Grown in Mexico

**4 Pack**

**\$1.99**  
each



**Fresh Produce**

**Navel Oranges**

Grown in California  
10 lb Box

**\$9.99**  
each

**Sweet Cantaloupe**

Grown in Mexico  
2.18/kg

**99¢**  
lb

**Boneless Pork Sirloin Chops**

Big Pack, 8.80/kg



**\$3.99**  
lb **Fresh**

**Seafood & Meat**

**Steelhead Trout Fillets**

Skin On, Big Pack

**\$2.39**  
/100 g

**Lamb Shoulder Chops**

Previously Frozen  
14.30/kg

**\$6.49**  
lb

**Boneless Lamb Leg**

New Zealand Spring Lamb  
19.80/kg



**\$8.99**  
lb **Fresh**

**Grocery Specials**

**Quaker Granola Bars**  
Selected Varieties  
156 g

**2\$5**  
For

**Rogers Granola**  
Selected Varieties  
650 g - 700 g

**\$3.99**  
each

**Primo Canned Beans**

Selected Varieties  
540 ml



**2\$3**  
For

**Dairyland Coffee Cream**

Selected Varieties, 1 L



**\$2.99**  
each

**Ben & Jerry's Ice Cream**

Selected Varieties  
500 ml



**\$5.99**  
each

**Deli Specials**

**Camembert or Brie Cheese**  
Castello, 125 g

**\$5.29**  
each

**Veggie Rolls**

Fresh Baked

**\$1.29**  
each

**Dempster's Bread**

White, 570 g or 100% Whole Wheat  
675 g



**2\$6**  
For

**Seventh Generation Laundry Detergent**

Free & Clear or Lavender  
Liquid, 2.95 L



**\$11.99**  
each

**Black Forest Ham**

Fresh Sliced



**\$1.99**  
/100 g

**Panini Buns**



**6\$2.79**  
For

Fresh Baked

**"Don't forget to look in-store for even more great savings!"**



**This Week's Bag Of Groceries**  
Winners Are  
• **Natalie Pehar**  
• **Alex Dewar**  
**Congratulations!**

Prices Valid: Monday, February 18<sup>th</sup> - Sunday, February 24<sup>th</sup>, 2019

Our Plastic Grocery Bags Are 100% Biodegradable

Visit our website:  
[www.villagefoodmarket.ca](http://www.villagefoodmarket.ca)

Please Recycle This Paper



Some items are subject to GST & Plus Deposit/Eco Fees. We reserve the right to limit quantities. Some items may not be exactly as illustrated.

**STORE HOURS**  
Monday - Saturday  
8am - 7pm  
Sunday & Holidays:  
10am - 7pm